

Sierra County Health and Human Services

Social Services P.O. Box 1019 Loyalton, CA 96118 202 Front Street (530) 993-6720 Fax (530) 993-6767 Vickie Clark- Director Public Health
P.O. Box 7
Loyalton, CA 96118
202 Front Street
(530) 993-6700
Fax (530) 993-6790
Vickie Clark- Director

Behavioral Health P.O. Box 265 Loyalton, CA 96118 704 Mill Street (530) 993-6746 Fax (530) 993-6759 Lea Salas- Director Kathryn Hill- Clinical Director Human Services Satellite Office P.O. Box 38 Downieville, CA 95936 22 Maiden Lane (530) 289-3711 Fax (530) 289-3716

PRESS RELEASE

FOR IMMEDIATE RELEASE

Case Twelve and Thirteen of COVID-19 in Sierra County

On November 11, 2020, Sierra County Public Health received notification of a twelfth and thirteenth positive COVID-19 test result for residents of Sierra County. All close contacts identified will be contacted by a member of Public Health. A close contact is defined by the CDC as someone who was within 6 feet of an infected person for a cumulative total of 15 minutes or more over a 24-hour period starting from 2 days before illness onset (or, for asymptomatic patients, 2 days prior to specimen collection) until the time the patient is isolated.

If you believe you have been a close contact of somebody testing positive, stay home and monitor yourself for symptoms for 14 days since last contact. Consider being tested if symptoms develop. Options for testing are listed on the <u>Sierra County Website</u>, or call your health care provider.

As you are aware, cases of COVID-19 continue to increase both locally and in neighboring counties and cities where many of our residents work and shop. This is not a time to let down our guard. With the holiday season upon us, every person has a role to play in limiting the spread of COVID-19.

- ❖ If you are around others who are <u>not</u> from your household, wear a face covering to prevent the spread of COVID-19.
- Avoid gatherings. You can enjoy your holidays and activities safely, without gathering.
- Wear a face covering at all times when in businesses, at school, or unable to maintain 6 feet distance.
- ❖ Wash your hands with soap and water often, especially after you have been in a public place.
- ❖ If you feel sick, <u>stay home</u>, except to receive medical care.
- ❖ If you think or know that you may have been exposed, <u>stay home</u>.

Thank you for your patience and understanding as we stand together to beat this disease.

Celia Sutton-Pado, MD Public Health Officer Sierra County